Public Health Mastery Questions.

How to use:

- 1. Use these questions in week one of your revision programme to test your knowledge and identify gaps.
- 2. Find the answers to any questions you cannot answer and write them in a separate colour.
- 3. Write out the questions you got wrong on flash cards and test yourself regularly.
- 4. A few weeks after your first attempt at the questions re-quiz yourself from memory. Repeat steps 2 and 3.

Overview questions:

- 1. What do we mean by the term public health?
- 2. What are the dates for the following four time periods: Medieval, Early Modern, Industrial and Modern.
- 3. What are the key factors for the course?

Medieval Questions:

- 4. What did the majority of people in medieval England do for work?
- 5. What was the country's biggest industry?
- 6. What % of the population lived in rural areas (countryside)
- 7. What religion was the population? What impact did this have on people's attitude to healthcare?
- 8. What did monasteries do to help public health? Give one example of a monastery that did this?
- 9. What did Edward III do to improve public health?
- 10. Give one example of a measure used by the local government in York to improve public health.
- 11. What did medieval people believe caused the Black Death?
- 12. What actually caused the Black Death?

Early Modern period

- 25. What religion was the majority of the population?
- 26. What impact did puritans have on public health?
- 27. What were the directions in the 1518 Plague Orders?
- 28. What were the directions in the 1578 Plague Orders?
- 29. What were the directions in the 1604 Plague Act?

- 13. Give one individual response to the Black Death.
- 14. What made up a large proportion of the rural poor's diet?
- 15. How did people in medieval towns get their food?
- 16. How did people in the medieval countryside get their food?
- 17. What major event occurred in 1315?
- 18. Describe the houses of the medieval rural poor.
- 19. Describe the houses of the medieval rich.
- 20. How did people dispose of their waste in the countryside?
- 21. How did people dispose of their waste in the towns?
- 22. How did people collect water in the towns?
- 23. How did people collect water in the countryside?
- 24. What was a raker?
- 30. What does contagion mean and how did it impact responses to the Great Plague?
- 31. Give one example of a local government response to the plague in Cambridge.
- 32. How had houses changed in towns since the medieval period?
- 33. How did the invention of the printing press impact public health?
- 34. How did the increased use of chimneys impact public health?

Public Health Mastery Questions.

- 35. What changed happened in London after the Great Fire of London?
- 36. Why did Gin become a population drink?
- 37. How did the government try to regulate Gin drinking?

The Industrial Period

- 41. What does urbanisation mean?
- 42. Why did so many people move to the cities during this period?
- 43. What were back-to-back houses?
- 44. What were cellar dwellers?
- 45. Name one killer disease from the industrial period that is not cholera
- 46. How do people catch cholera?
- 47. How did industrial living conditions lead to the spread of cholera?
- 48. What was adulteration?
- 49. Name the act which put a stop to adulteration.
- 50. What did John Snow discover and when?

Modern period

- 59. Give two examples of Liberal Reforms and include the years
- 60. What was banned in 1909?
- 61. What happened in the 1919 Housing and Town Planning Act?
- 62. What did local governments have to get rid of in the 1930 Housing Act?
- 63. How did Margret Thatcher impact Council houses?
- 64. What was created in 1948?
- 65. What happened in the 1953 Clean Air
- 66. How was this improved in the 1995 Environment Act?
- 67. Why were people less active in 2000 than they had been in 1900?
- 68. What food inventions lead to a less healthy diet in this period?
- 69. What new technologies meant it was easier to preserve food?
- 70. What did women start to do which was dangerous for their health?

- 38. Which Gin Act was the most successful and why?
- 39. What new foods were imported during the Early Modern period?
- 40. How was waste disposed of in the Early Modern period?
- 51. What did Louis Pasteur discover and when?
- 52. What medieval belief about the cause of disease was still common?
- 53. What was the Great Stink?
- 54. What did Joseph Bazalgette do in 1858?
- 55. How did the 1830 Great Reform Act impact public health?
- 56. What was the difference between the 1848 and 1875 Public Health Acts?
- 57. How did Edwin Chadwick inspire the Public Health Acts?
- 58. Define laissez-faire.
- 71. How did Spanish Flu spread so quickly across Europe?
- 72. How many people are thought to have died from Spanish Flu?
- 73. Give two examples of Dr James
 Niven's responses to Spanish Flu in
 Manchester
- 74. How did Dr James Niven owe his position to the 19th century public health acts?
- 75. How many people died of Spanish Flu in Manchester?
- 76. How did Princess Diana change people's attitudes toward AIDs?
- 77. A blood transfusion scandal in 1983 lead to 1000s of people contracting which disease?
- 78. How many people are thought to have died from aids by 1995?
- 79. What drugs have been developed to combat AIDs?